country	Main sources of water in your	Average consumption	Average consumption of	What are the problems connected	What causes water pollution in your	What is the quality of water	Tips for saving water consumption
	region	of water at home (per home)	water at school (per month)	with water usage in your area? How do you solve them?	area?	in your area? How does it influence the	
		(per nome)		you solve them.		environment?	
Poland	Our region is located in the central part of Poland on the Vistula, Brda, Drwęca and Noteć rivers – the main sources of water.	4 cubic metres per month	51 cubic metres per month	The main problem is a low level of groundwater which has an impact on a landscape and flora.	The fields overfertilization causes runoff from the fields the fertilizers such as: nitrogen, phosphorus etc., which has a detrimental effect on lakes and rivers condition and causes severe pollution of the water bodies. Consequently water is overgrown with algae.	Water in Inowrocław is within the limits of what's normal and meet the health requirements. Our water isn't poisonous but on the other hand it isn't spring water as well. In some places water contains too much iron and it is too hard. There is no influence on the environment.	 Take a shower instead of having a bath. Turn off the tap while brushing your teeth and shaving. Change a gaskets in a leaking tap or toilet cistern. Replace a rubber washer in a leaky faucet or a leaky toilet cistern. Do washing in a washing machine only with a full drum. Use a dishwasher instead of washing up under running water. Save water with a two stage flush toilet.(Use a dual flush toilets). Turn off a tap properly.

			9. Water the
			garden plants with
			rainwater.
			10. Clean your car
			in a car wash
			instead of washing
			near a house.
			11. Check a water
			system, whether it
			is leakage or not.
			12.Defrost the food
			using a microwave
			or leaving in a
			fridge over night
			instead of
			defrosting under
			running water.
			13. Insulate the
			pipes from a waste
			of water while
			heating.
			14.Water the lawns
			economically,
			preferably early
			mornings in order
			to prevent the
			ground steaming.
			15.Use only
			economical
			sprinkles.
			16.Use a brush
			instead of a garden
			hose for cleaning

			an entrance or
			pavement around a
			house.
			17. Avoid installing
			the garden
			fountains if the
			water circulation
			isn't closed.
			18. Avoid buying
			the water toys.
			19. Inform the local
			authorities or the
			owners of all the
			noticed places with
			a waste of water,
			for instance: the
			damaged pipes; the
			open hydrants; the
			unnecessary
			sprinkles;